

**Constance Jenkin**

**Parenting for Peace:  
Disseminating parent education programs for "adult-learner" communities**

The Program for Parents evaluation demonstrated that parent education programs can be disseminated nationally within an effective model. The central component of the Program for Parents intervention was Parenting Adolescents a Creative Experience (PACE). This presentation will describe the background and details of the use of PACE as a parent education approach. The details of the PACE program developed to support parents and to encourage harmonious parent-adolescent relationships will be described. Through Program for Parents PACE groups were adapted for use in culturally diverse (including indigenous) communities, and also delivered in communities and in schools. The successful dissemination of PACE through Program for Parents has inspired a new program called "Resilient Families". This is designed as a universal preventative intervention, and is currently being trialed in Victorian secondary schools. The integrated components of the program will be described including: 1) a student curriculum, 2) parent education evening, 3) sequenced parent education PACE groups, and 4) targeted family counselling and 5) programs to build parent communities within schools.